

St. Cecilia's Public School Proctor and Gamble Workshop



On 14th December, 2018 the middle wing of St. Cecilia's Public School organised a P & G (Proctor and Gamble workshop) for girls studying in the school.

The girls students were taught about the health and hygiene they need to maintain during their menstrual cycle.

They were taught about the do's and dont's they must follow during the monthly cycle. They were also given sanitary napkins.

The workshop was organised to make the students aware about the 'concept of puberty' and hormonal changes, so that they are well prepared and don't panick at the on-set of their menstrual cycle.